



K-12 GUIDANCE PLAN

Council Rock School District



JANUARY 27, 2022

Table of Contents

School Counseling Department Mission Statement.....	1
K-12 Counseling Services Monthly Calendar	2-10
September	2,3
October	4
November	5
December/January.....	6
January/February/March	7
March/April	8
May/June.....	9
June/July/August.....	10
Curriculum Action Plans by Grade	11-21
Kindergarten	11
First Grade.....	12
Second Grade.....	13
Third Grade	14
Fourth Grade.....	15
Fifth Grade.....	16
Sixth Grade	17
Seventh Grade	18
Eighth Grade	19
Ninth/Tenth Grade	20
Eleventh/Twelfth Grade.....	21
Occupational Information	22
Cooperative Education Program	23-24
Annual Program Goals by Level.....	25-27
Elementary Level.....	25
Middle School Level.....	26
High School Level.....	27
Career Development Intervention Matrix by Grade	28-29
Grades K-6.....	28
Grades 7-12.....	29
Ongoing K-12 School Counselor Activities.....	30-32
Elementary	30
Middle School	31
High School.....	32
Stakeholders and Follow-Up.....	33

School Counseling Department Mission Statement

District Mission Statement
To empower all students with the knowledge, habits, and attitudes to become life-long learners and to lead and serve in a diverse, global society.
K-12 School Counseling Mission Statement
The mission of the Council Rock School District school counseling program is to provide all students equitable access to a data driven comprehensive program that prepares students for academic, career, and social/emotional success. Through positive and intentional programming, students will develop the knowledge, habits, and attitudes of leaders and life-long learners who are prepared to serve in a global society.

K-12 Counseling Services Monthly Calendar

DOMAIN	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
September				
ACADEMIC	Elem – Cognitive Abilities Test review	HS – Student record reviews for accuracy & graduation requirements	HS – Parent-Teacher meetings as needed	Elem-Tutoring referrals
	HS – Back to School Night			MS – Service Agreement reviews
	HS – Parent Workshop: Naviance			MS – Individual meetings to address schedule issues
	HS – Parent Workshop: Application Bootcamp			MS – Academic counseling
	HS – Parent Workshop: Standardized Tests			HS – Monitoring of students at Sloan, Twilight, & Homebound
				HS – Service Agreement reviews
				HS – NCAA curriculum updates
				HS – Letters of recommendation

DOMAIN	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
CAREER	Elem – Growth Mindset Lesson	HS – Coordinate college visits for 12 th grade students		MS – Individual consultation for career planning
	HS – Scholarship announcements			HS – Individual consultation for college & career planning
	HS – Enrichment program announcements			HS – Help students apply for accommodations on SAT/ACT
SOCIAL/EMOTIONAL	Elem – Digital citizen presentation	Elem – Anti-bullying lessons in Grades 5-6	Elem – Group sessions	Elem – Crisis & personal counseling sessions
	Elem – Red Ribbon Week	Elem – Big Brother/Big Sister referrals	MS – Group sessions	Elem - Bullying report & discipline referral follow-ups
		Elem – High School Mentor program		MS – Individual counseling sessions
				HS – Concussion meetings
				HS – CARES meetings

DOMAIN	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
October				
ACADEMIC	HS – PSAT registration & administration	Elem – Meet with teachers to discuss academic concerns		Elem – Tutoring referrals
	HS – SAT administration			MS – Meet with students regarding grades
				HS – Meet with students after interim grades
				HS – Individual consultation for college & career planning
CAREER	Elem – Interest lesson	HS – MBIT Survey		MS – Transition meetings for 7 th graders
		HS – MBIT Assembly		
		HS – Coordinate & publicize financial aid night for 11 th & 12 th grade parents		
SOCIAL/EMOTIONAL	Elem – Unity Day	MS - Girls Unlimited program begins for 7 th graders		Elem – Crisis & personal counseling
	Elem – Peaceworks Program	MS – Boys Programming begins for 7 th graders		MS – Crisis & personal counseling
	Elem – Needs assessment/Minute meetings			HS – Crisis & personal counseling

DOMAIN	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
November				
ACADEMIC	HS – Program Planning Guide update			Elem – Tutoring referrals
	HS – PSAT registration & administration			MS – Individual academic planning meetings
	HS – SAT administration			HS – Individual consultation for college & career planning
CAREER	Elem – Conflict Resolution Lesson	HS – Introduction to Naviance for 9 th & 10 th graders		HS – Send home first marking period failures
		MS – Motivational speaker talk to students about long-term goals		
SOCIAL/EMOTIONAL	Elem – Mix It Up Day	Elem – Analysis of needs with classroom teachers		Elem – Crisis & personal counseling
				MS – Crisis & personal counseling
				HS – Crisis & personal counseling

DOMAIN	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
December				
ACADEMIC	HS – PSATs mailed home		HS - Senior college meetings	HS – Meetings with 9 th grade parents to discuss 4-year plan
	HS – ASVAB Testing			
CAREER	Elem – Personality Inventory lesson			
	HS – ACT administration			
SOCIAL/EMOTIONAL			Elem – Group sessions	Elem – Crisis & personal counseling
				MS – Crisis & personal counseling
				HS – Crisis & personal counseling
January				
ACADEMIC				HS – Meetings with 9 th grade parents to discuss 4-year plan
				HS – Meetings regarding 2 nd semester schedule changes
CAREER	Elem – Growth Mindset lesson makeups		HS – Students scheduled to shadow at MBIT	HS – 11 th grade College & Career meetings
SOCIAL/EMOTIONAL			Elem – Group sessions	Elem – Crisis & personal counseling

DOMAIN	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
January				
SOCIAL/EMOTIONAL (cont.)			MS – Group sessions	MS – Crisis & personal counseling
				HS – Crisis & personal counseling
February				
ACADEMIC	Elem – Cognitive Abilities Test administration			MS – Academic planning meetings
				HS – Failure letters to senior parents
				HS – AP registration
				HS – Midyear grades sent to colleges
CAREER	Elem – Personality Inventory lesson make-ups	MS – High School Planning meeting for 8 th graders		MS – Course selection meetings
				HS – Course selection meetings
SOCIAL/EMOTIONAL		Elem – Class lessons	Elem – Group sessions	
			MS – Group sessions	
March				
ACADEMIC	HS – District College Fair & College Information Night	Elem – Review CogAT results with each teacher	Elem – Assist with PSSA administration	MS – 8 th grade transition meetings
	HS – Senior Award Night	Elem – Consult with parents & teachers for gifted referrals		

DOMAIN	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
March				
ACADEMIC (cont.)	HS – SAT administration			
CAREER	Elem – Conflict Resolution lesson makeups	MS – High School Planning meeting for 8 th graders		
	HS – 10 th graders complete career interest inventories			
SOCIAL/EMOTIONAL			Elem – Group sessions	Elem – Help students cope with PSSA-related stress
			MS – Group sessions	
April				
ACADEMIC	HS – ACT administration		HS – Address scheduling concerns	HS – Register new students
				HS – Senior failure letters
				HS – Meet with seniors in jeopardy of not graduating
CAREER	Elem – Interest Inventory lesson makeups	HS – Junior parents come in to ask college questions		HS – Individual junior meetings
		HS – Seniors complete exit survey		
SOCIAL/EMOTIONAL	Elem – Student skills lessons		MS – Group sessions	

DOMAIN	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
May				
ACADEMIC	HS – AP Exams	Elem – Middle School transition activities	HS – Keystone Exam support	
CAREER				HS – College & career planning meetings
				HS – Scholarship awards
SOCIAL/EMOTIONAL				Elem – Crisis & personal counseling
				MS – Crisis & personal counseling
				HS – Crisis & personal counseling
June				
ACADEMIC	HS – Graduation list verified	Elem – Move-Up Day		
	HS – Final transcripts sent			
	HS – NCAA transcripts verified & sent			
	HS – Senior Awards Night			
CAREER	HS – Senior Exit Survey		Elem – Verify PIMS reporting	
	HS – SAT administration		MS – Verify PIMS reporting	
			HS – Verify PIMS reporting	

DOMAIN	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
SOCIAL/EMOTIONAL				Elem – Crisis & personal counseling
				MS – Crisis & personal counseling
				HS – Crisis & personal counseling
July				
ACADEMIC			HS – Underclassmen transcripts reviewed	MS – Register new students
				MS – Review placement testing results
				HS – Register new students
				HS – Review placement testing results
CAREER				
SOCIAL/EMOTIONAL				
August				
ACADEMIC		HS – Senior mailing sent	HS – Review senior transcripts for accuracy	
CAREER				
SOCIAL/EMOTIONAL				

CURRICULUM ACTION PLANS BY GRADE

Kindergarten Curriculum Action Plan								
Lesson, Event, or Unit Theme	Career Standard or Mindset & Behavior	Curriculum & Materials	Start & End Dates	# of Students Taught	Location	Stakeholder Teaching Standard	Contact Person	Indicator
Personal Space	B-SMS2. B-SMS3. B-SMS9 B-SMS10 B-SS2 B-SS6. B-SS9	Book: Personal Space Camp by Julia Cook -Student Worksheet -Parent Letter	Sept - June	Varies per year All K students	Kindergarten Classroom	Elementary School Counselor	Kasey Black	Results of worksheet/ Exit ticket
Listening Skills	B-SMS2. B-SMS3. B-SMS10 B-SS1 B-SS2 B-SS4 B-SS6. B-SS9	Book/Video: Howard B. Wigglebottom Learns to Listen Book: Whole Body Listening Larry -Student Worksheet -Parent Letter	Sept - June	Varies per year All K students	Kindergarten Classroom	Elementary School Counselor	Kasey Black	Results of worksheet/ Exit ticket

First Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
Whole Body Listening	B-SMS 1 B-SMS 2 B-SMS 7 B-SMS 9 B-SS 1 B-SS 6 B-SS 9	Book: Whole Body Listening Larry at School Video: Biscotti Kid	Sept - June	Varies per year. All first grade students	First Grade Classroom	Elementary School Counselor	Kasey Black	Results of workshop/ Exit Ticket
Problem Solving	B-SMS 1 B-SMS 2 B-SMS 7 B-SMS 9 B-SS 1 B-SS 6	Little Deals, Medium Deals, and Big Deals Bug and a Wish	Sept - June	Varies per year. All first grade students	First Grade Classroom	Elementary School Counselor	Kasey Black	Results of workshop/ Exit Ticket

Second Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
Emotion management	M1 B-SMS2 B-SMS6 B-SMS7 B-SMS9 B-SS9	Book: Even Superheroes Have Bad Days Worksheet with positive choices	Sept - June	Varies per year All 2nd graders	2nd grade classroom	Elementary School Counselor	Kasey Black	Results of worksheet Exit ticket
Friendship and getting along with others Tattling vs reporting	M3 B-SMS1 B-SMS2 B-SS2 B-SS4 B-SS8 B-SS9	Book: A Bad Case of Tattle Tongue by Julia Cook Worksheet to identify situations which are either tattling or reporting	Sept - June	Varies per year All 2nd graders	2nd grade classroom	Elementary School Counselor	Kasey Black	Results of worksheet Exit ticket

Third Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
Growth Mindset: Fantastic, Elastic Brain	M1, M2, M5, M6, B-LS1, B-LS4, B-LS8, B-SMS5, B-SMS6, B-SMS7	Google Slide Presentation, Parent Letter, and Brain worksheet, Fantastic, ELastic Brain book	Sept.	All of 3rd grade	3rd grade classrooms in CR	Elementary Counselor	Kasey Black	Piece of Evidence Bubble Sheet with 3 Questions
Relational Aggression and Self-Advocacy: My Secret Bully	M3, B-SMS6, B-SMS7, B-SMS9, B-SMS10, B-SS1, B-SS2, B-SS3, B-SS4, B-SS5, B-SS6, B-SS8, B-SS9	Google Slide Presentation, Parent letter, Discussion questions/ worksheets, My Secret Bully book	Sept - June	All of 3rd grade	3rd grade classrooms in CR	Elementary Classroom	Kasey Black	Written and oral responses

Fourth Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
Interest and Career: Amazing Grace	M1, M2, M3, M5, & M6 B-LS4, B-LS6, B-LS7, B-LS10 B-SM2, B-SM5, B-SM6, B-SM7 B-SS3, B-SS7, B-SS8, & B-SS9	Google Slide Presentation, Parent Letter, and Personal Reflection Page, Amazing Grace Book	October	Varies Per Year: All 4th Graders	4th Grade Classrooms in CR	Elementary Counselor	Kasey Black	Piece of Evidence Bubble Sheet with 3 Questions
Impact of Gossip: Mr. Peabody's Apples	MS, BSMS-1, BSMS-2, BSMS-7, BSS-2, BSS-4, BSS-5, BSS-6, BSS-7, BSS-8, BSS-9	Google Slide Presentation, Mr. Peabody's Apples Book, Parent Letter	Sept - June	Varies Per Year: All 4th Graders	4th Grade Classrooms in CR	Elementary Counselor	Kasey Black	Written and oral responses

Fifth Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
Conflict Resolution	M1 M3 B-LS9 B-SMS2 B-SMS7 B-SMS9 B-SS B-SS2 B-SS6 B-SS7 B-SS8 B-SS9	Google Slide Presentation Worksheet Parent Letter	Nov.	5th grade students	5th grade classrooms	Elementary Counselor	Kasey Black	Piece of evidence bubble sheet with 3 questions.
Responsibility/Peer Pressure	M-1 B-SMS 1 B-SMS 2 B-SS 2 B-SS 4 B-SS 8	Sorry by Trudy Ludwig, Chart Paper Parent Letter	Sept-June	5th grade students	5th grade classrooms	Elementary Counselor	Kasey Black	Written and oral responses

Sixth Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
Color Quiz/ Personality Survey	M4: M5: B-LS7: B-LS9	Color Quiz PPT, Copy of Color Quiz and Parent Letter	Dec.	Varies Per Year: 6th Graders	6th Grade Classrooms	Elementary Counselor	Kasey Black	Piece of Evidence Bubble Sheet with 3 Questions
Netiquette	PS: A1.6 PS: A1.7 PS: A1.8 PS: A2.1 PS: A2.6 PS: B1.2 PS: B1.8 PS: C1.1 PS: C1.2 PS: C1.3 PS: C1.4	Netiquette PPT, Exit Ticket and Parent Letter	Sept-June	Varies per year: 6th Grade students	6th Grade Classrooms	Elementary Counselor	Kasey Black	Piece of Evidence Bubble Sheet with 3 Questions

Seventh Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
Girls Unlimited and Boys Programming	PS:A1:1 PS:A1.5 PS:A1.9 PS:B1.7	Girls Unlimited Curriculum; Powerpoint presentations; Building Champions	Sept-June	All 7th grade students	Classrooms	Middle School Counselors and various presenters	Kasey Black	Survey
Transition Meetings with students	A:A1 A: A2 A: A3 A: B1 A: B2 A: C1 C:C1 PS: A1	Role of counselor, Feelings about transition, confidentiality, & developing peer relationships	Sept.-Oct.	All 7th grade students	Guidance	Middle School Counselors	Kasey Black	Student check-ins as needed, consultation with teacher, & exit survey

Eighth Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
High School Planning	A:A1.2 A:A1.5 A:A3.1 A:B2.1	Power Point Presentation Program Planning Guide	February - March	All 8th grade students	Counselors Office/classroom presentations	Middle School Counselors	Kasey Black	Course selections
Individual course placement for high school	C:A1 C:A2 C:B1 C:B2 C:C1 C:C2	Course recommendation sheet & program planning guide	February - May annual basis	All 8th grade students	Counselor office	Middle school counselors	Kasey Black	Course selections

Ninth Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
Introduction to Naviance	B-SMS 1 B-SMS 3 B-SMS 10 B-LS 3, 4, 5	Naviance	Fall	All	Computer Lab	High School counselor	Counselor	Log in to Naviance

Tenth Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
Career Surveys	B-LS 1 B - LS 3 B-LS 5 B-LS 5 B-SMS 1 B-SMS 3 B-SMS 5	Naviance	Winter/spring	All	Computer lab	High School Counselor	Counselor	Log in to Naviance

Eleventh Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
College Search	B-LS 1 B - LS 3 B-LS 5 B-LS 5 B-SMS 1 B-SMS 3 B-SMS 5	Naviance	Winter/ Spring	All	Computer lab	High school counselor	Counselor	Naviance search

Twelfth Grade Curriculum Action Plan

Lesson or Program Content	ASCA Domain or CEW Standard	Curriculum & Materials	Start & End Dates	# of Students Affected	Location	Stakeholder Teaching Standard	Contact Person	Indicator
College Applications	B-LS 1 B - LS 3 B-LS 5 B-LS 5 B-SMS 1 B-SMS 3 B-SMS 5	Naviance	Fall	All	Computer Lab	High School counselor	Counselor	Transcript requests
Senior Graduation Survey	B-LS 1 B - LS 3 B-LS 5 B-LS 5 B-SMS 1 B-SMS 3 B-SMS 5	Naviance	May	All	Computer Lab	High School counselor	Counselor	College, Career and Scholarship information

Occupational Information

Elementary School

All students take a personality quiz to better understand their innate strengths and weaknesses. The students also take an interest inventory to explicitly show them the global fields in which their interests lie. Follow-up classroom-wide discussions with the counselor center around how to mesh the findings from these measures to determine a broad sense of a career path. Students also learn valuable employment-related skills of growth mindset and conflict resolution to help them be as successful as possible in the job place.

Middle School

All students participate in the Guided Exploration class, which helps them understand career paths and options and also provides direct guidance on how to attain such goals, including resume writing, the application process, and interviewing.

High School

All ninth graders are introduced to Naviance, an electronic system in which they can explore the 16 National Career Clusters. By selecting one cluster, they are taken to a lengthy list of options of employment areas within each cluster. All ninth graders also participate in an assembly regarding the technical institute and its offerings. High school students also have access to the Cooperative Education Program in the event that they are interested in a vocation that is not available to them at the technical school. Finally, high school students are afforded the opportunity to participate in the College Accelerated Program (CAP), which allows them to take courses at an accredited college institution that simultaneously earn college credits and satisfy high school graduation requirements.

Cooperative Education Program

Type of Program: Diversified Occupations

Diversified Occupations is a planned vocational program which may be offered at either the area vocational-technical school or **comprehensive high school**. The program prepares a heterogeneous group of students for **more than one vocational education area** of instruction for gainful employment. The diversified occupations program shall be available as a **one-year or two-year program**. This program is for **11th and 12th grade students** who are unable to gain admission to a vocational program due to excessive numbers of applicants, inability to meet entrance requirements for other existing vocational programs, or **lack of specific vocational areas offered at the comprehensive high school** or participating area vocational technical school.¹

Classroom Instruction Requirement: Daily class (current schedule)

For school district-operated diversified occupation program, students shall meet with their teacher-coordinator for at least **one 40 to 45-minute period per day** or a minimum of three hours per week.²

Worksite Visitation Requirement: Once a month for general oversight

For school district-operated diversified occupation program, worksite observation by the teacher-coordinator **should occur twice a month but must occur once a month during regular school hours**. If a worksite issue arises, visits should occur once a week for a month or until the issue is resolved whichever is later.³

Clearances and Other Paperwork:

- What is the requirement? Approved before work? Approved w/in 30 days?
- Should we provide a list of approved employers for faster signup?

Student Work Requirement: 15 hours a week for at least 150 school days

Students shall be legally employed a minimum of 15 hours a week during the school year. Students shall be legally employed a minimum of 150 school days to be eligible for PDE reimbursement.⁴

¹ Source: How to Comply with Federal and State Laws and Regulations, PDE, Career and Technical Education

² Source: How to Comply with Federal and State Laws and Regulations, PDE, Career and Technical Education

³ Source: Chet Wichowski, associate director, Center for Career and Technical Education, Temple University

⁴ Source: How to Comply with Federal and State Laws and Regulations, PDE, Career and Technical Education

CAREER CLUSTERS FOR COOPERATIVE EDUCATION PROGRAM EMPLOYMENT

- Agriculture, Food & Natural Resources
- Architecture & Construction
- Arts, A/V Technology & Communications
- Business Management & Administration
- Education & Training
- Finance
- Government & Public Administration
- Health Science
- Hospitality & Tourism
- Human Services

What are the Benefits of the Co-op Program for Students?

Through Co-op you will have the opportunity to:

- Pursue a work placement in a field of interest
- Use knowledge and skills from your classroom in the workplace
- Earn high school credits through work experience
- Try out different career options
- Earn valuable work experience for your resume
- Make connections with employers
- Learn new practical skills
- Build your resume for university/college applications

ANNUAL PROGRAM GOALS BY LEVEL

ELEMENTARY LEVEL			
	Academic	Career	Social/Emotional
<u>SPECIFIC:</u> What is the specific issue based on your schools' data?	Appropriate student skills; Reduce disruptive behaviors during classwork	Students will identify an individual spark or passion	Effective conflict resolution skills
<u>MEASURABLE:</u> How will we measure the effectiveness of our interventions?	Improved attentional abilities & time for instruction	Percentage of students who can identify the spark or passion	Through the use of our SWSS data system to examine discipline referrals
<u>ATTAINABLE:</u> What outcome would stretch us but is still attainable	Goal will be teachers reporting significantly less distractibility and improved focus in the classroom	Goal is to reach 70% of students being able to identify the spark or passion	Reduce number of disciplinary actions by 10%
<u>RESULTS:</u> Is the goal reported in results- oriented data (process, perception, and outcome?)	The goal will be in process.	The goal will be in process, as their sparks/passions may change throughout the course of their schooling	The goal is in the process stage.
<u>TIMELINE:</u> When will our goal be accomplished?	By the end of the school-year	By the end of year 1	By the end of year 1

MIDDLE SCHOOL LEVEL

Smart Format	Academic	Career	Social/Emotional
<u>SPECIFIC</u> : What is the specific issue based on your schools' data?	PVASS data for growth	Picking classes for next year and understanding all possible options	Increase in resiliency/coping skills
<u>MEASURABLE</u> : How will we measure the effectiveness of our interventions?	Each student will have data within the state system through which growth can be measured	Each student is scheduled for courses for the following academic year prior to starting school	Decrease in suicide ideation as measured by QPR
<u>ATTAINABLE</u> : What outcome would stretch us but is still attainable	Our goal is to have 90% of students showing growth in their academic skills.	Our goal is to only have 2% of our student population in need of schedule changes in the beginning of the year	Maintain number of QPRs from previous year as mental health issues are on the rise in adolescents
<u>RESULTS</u> : Is the goal reported in results- oriented data (process, perception, and outcome?)	The goal is in the process stage	The goal is in the process stage	Increased awareness
<u>TIMELINE</u> : When will our goal be accomplished?	By the end of year 1	By the end of year 1	By the end of year 1.

HIGH SCHOOL LEVEL

Smart Format	Academic	Career	Social/Emotional
<u>SPECIFIC</u> : What is the specific issue based on your schools' data?	Consider elective class on study skills, personal finance, career awareness, etc.	Increase awareness of post-secondary options within the 10th grade population	Increase knowledge of suicide awareness/prevention in 9th grade.
<u>MEASURABLE</u> : How will we measure the effectiveness of our interventions?	Increased enrollment in this elective	Decrease the # of unknown outcomes in PIMS report	Decrease number of QPRs.
<u>ATTAINABLE</u> : What outcome would stretch us but is still attainable	Increase from 0-2 sections	Have students identify 2 appropriate post-secondary outcomes	To expose 9th graders to 3 suicide prevention programs (minding your mind, CARES referrals, Safe 2 Say)
<u>RESULTS</u> : Is the goal reported in results- oriented data (process, perception, and outcome?)	Increased exposure to study skills, career awareness, personal finance	Increased awareness of potential options	Increased awareness
<u>TIMELINE</u> : When will our goal be accomplished?	End of year 2	End of year 1	End of year 1

Career Development Intervention Matrix by Grade

Grade	Career Awareness & Planning Activities	Career Acquisition Activities	Career Retention Activities	Entrepreneurship Activities
K		Students listen to others in morning meetings		
1		Whole Body Listening Lesson 13.2.3 A	Squares are Not Bad Cooperation Lesson 13.3.3 A, B, C	
2		Worst Day of My Life Ever Listening & Following Directions Lesson 13.2.3 A	Accepting Feedback Lesson 13.3.3 A	
3		Fantastic Elastic Brain: Growth Mindset Lesson 13.2.3D	Fantastic Elastic Brain: Growth Mindset Lesson 13.3.3 A&G	Fantastic Elastic Brain: Growth Mindset Lesson 13.4.3 B
4	Amazing Grace Lesson: Goal setting, perseverance 13.1.3A,B,F, & H	Amazing Grace Lesson: Goal setting, perseverance 13.2.3D	Amazing Grace Lesson: Goal setting, perseverance 13.3.3A,B,& C	Amazing Grace Lesson: Goal setting, perseverance 13.4.3 B
5		Conflict Resolution Lesson: 13.2.3 A&E	Conflict Resolution Lesson: 13.3.3 B&C	
6	Color Quiz/ Personality Survey 13.1.3A,B,& H	Color Quiz/ Personality Survey 13.2.3D	Color Quiz/ Personality Survey 13.3.3A,B,& C	Color Quiz/ Personality Survey 13.4.3 B

Career Development Intervention Matrix by Grade

Grade	Career Awareness & Planning Activities	Career Acquisition Activities	Career Retention Activities	Entrepreneurship Activities
7		Work habit discussions (goals, responsibilities, & expectations) 13.2.3 A&E		Opportunity to join various clubs to develop interests conducive future careers 13.4.3 A & B
8	Motivational Speaker to talk about career goals 13.1.3A,B,F,& H	Job Permit Request for letter of recommendation 13.2.3 A&E		Opportunity to join various clubs to develop interests conducive future careers 13.4.3 A & B
9	Introduce Naviance to students 13.1.3A,B,F,& H	Transition discussion including scheduling, communication, time management, & self-advocacy skills 13.2.3 A&E		Participation in extracurricular activities to build resume & future applications 13.4.3 A & B
10	Have students complete two career interest inventories and career survey 13.1.3A,B,F,& H	Research using Naviance database to look at careers 13.2.3 E	Using Naviance to understand what skills are needed to support long-term success 13.3.3A,B,C	Participation in extracurricular activities to build resume & future applications 13.4.3 A & B
11	Students complete college search 13.1.3A,B,& F	Provide samples of extracurricular activity, resume 13.2.3 A&E	Transcript reviews 13.3.3A,C	Participation in extracurricular activities to build resume & future applications 13.4.3 A & B
12	Students complete exit survey	Postsecondary education applications;	Transcript reviews 13.3.3A & C	Participation in extracurricular activities to build

	13.1.3A &B	Letters of recommendation 13.2.3 A&E		resume & future applications 13.4.3 A & B
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ONGOING K-12 SCHOOL COUNSELOR ACTIVITIES

ELEMENTARY				
ONGOING COUNSELOR RELATED ACTIVITY	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
ACADEMIC				
Child Study Team Member	X	X	X	X
Instructional Support Team Member	X	X	X	X
Gifted Screening/Referral Support/COGAT Review	X			X
Tutoring Referrals				X
Member of IEP Team				X
CAREER				
Third Grade Growth Mindset Lesson	X			
Fourth Grade Interest Lesson	X			
Fifth Grade Conflict Resolution Lesson	X			
Sixth Grade Personality Inventory Lesson	X			
SOCIAL/EMOTIONAL				
Positive Behavior Supports Meetings/Data	X			
Member of Diversity Committee	X			
Sessions with Children who have IEPs			X	X
Question Persuade Respond Protocol				X
Children and Youth Referrals				X
Big Brother and Big Sister Referrals/Mentor Program			X	
Teach 4 class lessons in K-6		X		
Refer Parents to Outside Agencies				X
Individual Sessions				X
Classroom Observations		X		X
Group Sessions			X	
Create Teacher Materials, Charts, Social Stories	X	X		
Restorative Meetings		X	X	X
Investigation into Bullying Claims		X	X	X
Truancy Elimination Plans/Attendance Info				X
Coordinate Family Support with Social Workers				X
Red Ribbon Week	X			
New Student Orientation			X	X
Coordinate with BCBA				X
Crisis Team				X
Coordinate Programs, Assemblies, Agency Sessions	X			
Safe to Say Presentation and Follow-Up	X			X

ONGOING K-12 SCHOOL COUNSELOR ACTIVITIES

MIDDLE SCHOOL				
ONGOING COUNSELOR RELATED ACTIVITY	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
ACADEMIC				
CST, 504 team, IEP teams	X	X	X	X
LEA				X
Conduct Gifted Screenings				X
Referrals for tutors/tutoring services				X
Consult with teachers regarding academics	X	X	X	X
Facilitate homebound instruction				X
Develop 504 plans				X
CAREER				
Presentations to 8 th grade students regarding career readiness	X	X	X	X
Ongoing parent consultation regarding course selection	X		X	X
Multiple night meetings for parents discussing course selection and pathways towards colleges/careers	X			X
SOCIAL/EMOTIONAL				
Member of Diversity Committee	X			
CARES team members	X			X
Student check-ins				X

ONGOING K-12 SCHOOL COUNSELOR ACTIVITIES

HIGH SCHOOL				
ONGOING COUNSELOR RELATED ACTIVITY	CURRICULUM (Tier 1)	CLASS-WIDE (Tier 2)	SMALL GROUP (Tier 3)	INDIVIDUAL (Tier 4)
ACADEMIC				
Academic Counseling	X	X		X
Facilitate Parent/Teacher Meetings				X
MDT referrals				X
Academic Monitoring through interims and report cards	X			X
Tutoring Referrals				X
Coordinate Homebound Instructions				X
Register new students				X
Collaboration with administration and teachers		X		
Monitor 504 students/plan				X
Attend IEP meetings				X
Coordination of standardized testing			X	X
CAREER				
Career and Post-Secondary Counseling	X			
Website Updates	X			
Scholarship Announcements	X			
Use Naviance for College/Career Exploration and Applications	X			X
Summer and Enrichment Program Announcements	X	X		
Coordinate ASVAB Testing	X			
SOCIAL/EMOTIONAL				
Personal Counseling				X
Crisis Counseling				X
CARES referrals				X
Resources to parents	X			X
Transition meetings	X			X
Ongoing group counseling			X	
Concussion Referrals			X	X
Children and Youth Referrals				X
Truancy Elimination/Attendance Committee Meetings	X			X

Stakeholders & Follow-Up

Stakeholders:

Students

- All Council Rock students in grades K through 12 have access to this counseling plan to ensure they identify the best post-secondary path for them.

Parents

- Council Rock parents help to inform decision-making and support the services outlined in this document.

Educators

- The staff members of Council Rock help to guide students along the journey of finding their path toward their future career.

Community Members

- Community members partner with our educational institution to provide real-life employment opportunities.

Follow-Up Procedure

Once the current proposed plan is in place, a process will be initiated to gather input from all stakeholders. Such feedback will be used to inform any changes or adjustments that may be needed to the plan.